

Ohio Union Activities Board

Graduate/Professional Workshops

Technical Tuesday

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| September 5, 2023 | Noon–1 p.m. | Setting Writing Goals and Creative Writing Routines in Grad School |
| September 12, 2023 | 11 a.m.–Noon | CV to Resume |
| September 19, 2023 | 10–11 a.m. | Making the Most of a Job Fair |
| October 3, 2023 | 3–4 p.m. | Effective Interviewing Skills |
| October 10, 2023 | Noon–1 p.m. | Project Management Overview Part 1 |
| October 17, 2023 | Noon–1 p.m. | Project Management Overview Part 2 |
| October 24, 2023 | 1–2 p.m. | Finding an Internship |
| November 14, 2023 | Noon–1 p.m. | Acing APA Citations |

Wellness Wednesday

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| August 30, 2023 | Noon–1 p.m. | Naloxone Training |
| September 6, 2023 | Noon–1 p.m. | Recovery is Spoken Here: Recovery Ally Training |
| October 4, 2023 | Noon–1 p.m. | Investing for Graduate Students |
| October 11, 2023 | Noon–1 p.m. | Navigating Interpersonal Relationships |
| October 18, 2023 | Noon–1 p.m. | Healthy Eating on a College Budget |
| October 25, 2023 | Noon–1 p.m. | I have no idea what I'm doing! Overcoming Imposter Syndrome |
| November 1, 2023 | Noon–1 p.m. | Finding Balance When Life is Imbalanced: Stress Management for Graduate/Professional School |
| November 15, 2023 | Noon–1 p.m. | Per My Last Email: Professionalism in the Digital World |
| November 15, 2023 | Noon–1 p.m. | Creative Art Session |
| December 6, 2023 | Noon–1 p.m. | Financial Education with Huntington Bank |

Teaching Tool Kit: Core Competencies for Graduate Instructors

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| September 26, 2023 | 11 a.m.–1 p.m. | Facilitating Engaging Classroom Discussion |
| October 24, 2023 | 11 a.m.–1 p.m. | Fair and Efficient Grading |
| November 21, 2023 | 11 a.m.–1 p.m. | Facilitating Group Work |

Instructional Kitchen

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| October 20, 2023 | 6:30–9:30 p.m. |
| November 17, 2023 | 6:30–9:30 p.m. |
| December 1, 2023 | 6:30–9:30 p.m. |

OUABeFit - Yoga

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| August 29, 2023 | 5:30-6:15 p.m. |
| September 5, 2023 | 5:30-6:15 p.m. |
| September 12, 2023 | 5:30-6:15 p.m. |
| September 19, 2023 | 5:30-6:15 p.m. |
| September 26, 2023 | 5:30-6:15 p.m. |
| October 3, 2023 | 5:30-6:15 p.m. |
| October 17, 2023 | 5:30-6:15 p.m. |
| October 24, 2023 | 5:30-6:15 p.m. |
| October 31, 2023 | 5:30-6:15 p.m. |
| November 7, 2023 | 5:30-6:15 p.m. |
| November 14, 2023 | 5:30-6:15 p.m. |

Cupcakes and Canvas

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| September 20, 2023 | 5:30–7 p.m. |
| October 25, 2023 | 5:30–7 p.m. |
| November 29, 2023 | 5:30–7 p.m. |

OUABeFit – Pilates

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| August 30, 2023 | 5:30-6:15 p.m. |
| September 6, 2023 | 5:30-6:15 p.m. |
| September 13, 2023 | 5:30-6:15 p.m. |
| September 20, 2023 | 5:30-6:15 p.m. |
| September 27, 2023 | 5:30-6:15 p.m. |
| October 4, 2023 | 5:30-6:15 p.m. |
| October 18, 2023 | 5:30-6:15 p.m. |
| October 25, 2023 | 5:30-6:15 p.m. |
| November 1, 2023 | 5:30-6:15 p.m. |
| November 8, 2023 | 5:30-6:15 p.m. |
| November 15, 2023 | 5:30-6:15 p.m. |

Quiz Night

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| August 30, 2023 | 6–8 p.m. |
| September 13, 2023 | 6–8 p.m. |
| September 27, 2023 | 6–8 p.m. |
| October 18, 2023 | 6–8 p.m. |
| November 1, 2023 | 6–8 p.m. |
| November 29, 2023 | 6–8 p.m. |

More info available at ouab.osu.edu/grad-prof



THE OHIO STATE UNIVERSITY
OFFICE OF STUDENT LIFE

