

Ohio Union Activities Board Graduate/Professional Workshops

Technical Tuesday

August 27, 2024	Noon – 1 PM	How to Take A+ Notes
September 17, 2024	Noon – 1 PM	Navigating the University Libraries Resources
September 24, 2024	Noon – 1 PM	Drinking from a Firehose: Strategies for Reading in Graduate School
October 1, 2024	11 AM – Noon	GSPIRE Virtual Career Fair Prep
October 8, 2024	Noon – 1 PM	AI Workshop
October 22, 2024	Noon – 1 PM	Stress Less: Coping Skills for Academic Stress
October 29, 2024	Noon – 1 PM	Time Management: Tips and Tools
November 12, 2024	Noon – 1 PM	Effective Interview Skills
November 19, 2024	Noon – 1 PM	Career and Transferable Skills
December 3, 2024	Noon – 1 PM	Networking/LinkedIn Overview

Wellness Wednesday

August 28, 2024	Noon – 1 PM	Kickstart Your Semester: Get to Know the Student Wellness Center and Activate Goals through SMART Strategies.
September 4, 2024	Noon – 1 PM	The Chew: From Meal Planning to Food Prep
September 11, 2024	Noon – 1 PM	A Culture of Care: A Recovery Friendly Campus
October 16, 2024	Noon – 1 PM	Drawing the Line: Establishing Clear Boundaries
October 23, 2024	Noon – 1 PM	Creating a Campus Culture of Care
October 30, 2024	Noon – 1 PM	Navigating Personal and Professional Relationships
November 6, 2024	Noon – 1 PM	Per My Last Email: Digital Professionalism
November 20, 2024	Noon – 1 PM	Pathways to Career Wellness: Building a Balanced Professional Life
December 4, 2024	Noon – 1 PM	Cultivating Inner Peace: Practical Guidance for Nurturing Spiritual Well-being

Teaching Tool Kit

September 10, 2024	11 AM – 12:30 PM	Fostering Student Engagement with Universal Design for Learning
October 22, 2024	11 AM – 12:30 PM	Accessibility and Flexibility for Universal Learning
November 19, 2024	11 AM – 12:30 PM	Assignment and Assessment Design for Universal Learning

Instructional Kitchen

September 6, 2024	6 – 8 PM
October 4, 2024	6 – 8 PM
October 25, 2024	6 – 8 PM
November 8, 2024	6 – 8 PM

Quiz Night

September 11, 2024	6 – 8 PM
September 18, 2024	6 – 8 PM
September 25, 2024	6 – 8 PM
October 9, 2024	6 – 8 PM
October 23, 2024	6 – 8 PM
November 6, 2024	6 – 8 PM
November 20, 2024	6 – 8 PM
December 11, 2024	6 – 8 PM

Cupcakes and Canvas

September 18, 2024	5:30 – 7 PM
October 30, 2024	5:30 – 7 PM
November 13, 2024	5:30 – 7 PM

More info available at ouab.osu.edu/grad-prof